

## Who is HART?

The High Access Rescue Team is a Charitable Company which provides an urban rescue service to Glasgow and the surrounding areas. We specialise in rescues from high and inaccessible areas.

We are a team of dedicated volunteers from a variety of backgrounds (fire service, medic, communications rigger, management) who have come together to form the High Access Rescue Team. We have a range of skills including rope techniques, first aid and safety management.

We bring our skills together to make an effective rescue. As a team we train and work closely together to enhance our skills and learn new ones.

Training and development is a key element of HART both for existing and new members.



## Our Rescue Service

HART provides an urban rescue service to those in difficulty in high and inaccessible areas, such as tower cranes, window cradles or high structures.

We have specialised skills and equipment which enable us to reach heights where the emergency services may have problems accessing. We can provide first aid to people whilst at height in order to stabilise them before bringing them down safely.

If you have people working at height, then you could have a potential problem should one of them take ill or have an accident whilst working. Get in contact now for more information about our rescue services before it becomes an issue.



## Emergency Planning

No one plans to take ill or have an emergency, but accidents unfortunately do happen.

At the core of HART's culture is safety management and pre-planning to prevent an emergency situation.

We provide risk assessments (IOSH accredited) and rescue plans to help you assess your risks and plan to minimise these risks. We produce site specific rescue plans and can deliver training for staff and contractors on working safely at heights.

We would use this rescue plan in the event of an emergency situation and a rescue being called.





## Sponsorship Opportunities

HART offers sponsorship opportunities with a difference for organisations interested in community investment. We can tailor staff training to suit your organisation such as team building or safety management.

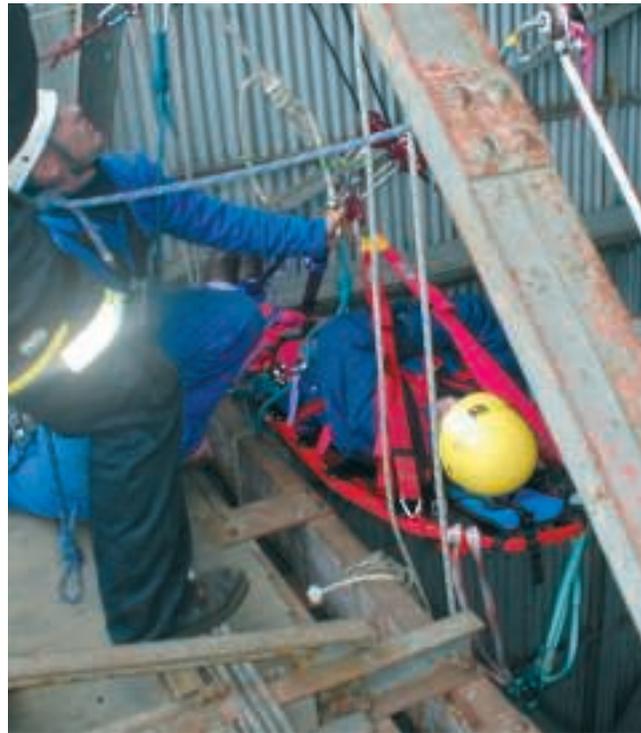
Our volunteers give their time and expertise freely, and we welcome sponsorship and donations to help the team cover the costs for equipment and training.

If you are interested in sponsorship opportunities, give us a call for more information.

## Working with Other Charities

We have helped to raise over £100k for charities such as Yorkhill Children's Hospital and Breakthrough Breast Cancer with fund raising events such as sponsored abseils.

We can help you to raise funds for your chosen charity, so get in touch to see how HART can help!



## Volunteering

Volunteering with HART is one of the most challenging and exciting opportunities you will find for getting involved in charity work.

You will benefit from a variety of training including rope techniques, first aid and many more. The exhilaration and the sense of achievement you will receive from training and being involved in a rescue is second to none.

We always welcome new members to the team, so if this sounds like the kind of challenge you are looking for, then contact:

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Scottish Charity Index Number SC029287



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**HIGH ACCESS RESCUE TEAM**  
technical line rescue