

Heroes Support Heroes

6 Peaks Challenge

(A Guinness World Book of Records Attempt)

Organised By



Sponsored By



The High Access Rescue Team

www.hartrescue.org.uk

Resettlement Training Centre

www.ritchiestraining.co.uk

In Support of





H.A.R.T. Technical Line Rescue Unit™ is based in Glasgow. We are the only volunteer urban rescue unit in Scotland, specialising in technical line rescue.

The High Access Rescue Team Ltd was formed in September 1996 offering support, equipment and expertise to any service or organisation requiring our services. The team are on-call for high, inaccessible, difficult and confined space rescues by rope access methods to reach and recover casualties who are in difficulty. The team are trained experts in technical line rescue and can also offer medical and first aid support to the emergency services – in areas which would normally be inaccessible.

As a small organisation we survive on donations and fund raising events. We understand fully the importance of supporting your own charity, but the severity of life changing injuries our personnel are facing on a daily basis and we feel the whole ethos of *Heroes Supporting Heroes* means that all monies raised by this event would be paid in full to “Help for Heroes”.

Events will be offered to the teams entered so they can raise charitable funds for their chosen charity at a future date. As with this event we would supply all staff required, the venue, any abseil training necessary for the teams, safety / medical cover and ensure all health and safety requirements are met in full.

You will benefit from a variety of training including rope techniques, first aid and many more. The exhilaration and the sense of achievement you will receive from training and being involved in a rescue is second to none.

Raising the profile of the teams:

We like to aim high and if we can get every serving emergency and armed service personnel supporting this cause nationwide, supporting each of their teams entered, along with various corporate and public sponsorship this event could grow with regards to donations.

We have a target that we would like to reach of **one million pounds**, for this mammoth task to work we would require some help from you with regards to promoting PR opportunities of our teams that could maximise this event on a national and even an international level.

As a small charitable rescue team, we do not have the man power or contacts within each organisation to make this work ourselves! That’s why we would require a lot of PR work regarding this event, if each team, company or individual could use internal email, magazines, media staff or just forward details of this event as much as possible. Any help offered, no matter how small will raise this event to the heights we aim to achieve.

We are looking for support to assist H.A.R.T. with sponsorship to meet our ambitious targets, but we realise that many organisations have restricted funds for sponsorship activities. We know that you need to justify your costs, and we feel that we can develop an appropriate strategy to ensure that you receive sufficient PR coverage. For this partnership to work it must be mutually beneficial.

Last Year's Help for Heroes Event



In July of last year **H.A.R.T** helped raise funds for Help for Heroes with the climb, walk and abseil the height of Mt Everest challenge. Collectively, the Army, the Ambulance, the Coastguard, the Fire Service, Strathclyde Police and the RAF Mountain Rescue Team completed his continuous abseil in just **19 hours and 38 minutes**. Not only did we break the current world record (unofficially) at last year's event! We exceeded the current record which shows the determination and effort that everyone put in for Help for Heroes.

It was the first year we ran such an event and we could not have hoped for a better response or a better group of people to work with. They are one of the main reasons why we are able to carry out our second Help for Heroes challenge.

All participants that took part in this event raised awareness as well as more funds for the worthwhile charity Help for Heroes. This charity is there to help service personnel that have been wounded and require our help.

The High Access Rescue Team recognise the importance of Help for Heroes and are trying to continue the support for our personnel as we believe they are worthy of it.

We believe that any help offered is vital, so if you can help please contact: Pamela@hartrescue.org.uk to show your support.

We also always welcome new members to the team, so if this sounds like the kind of challenge you are looking for please contact: Charles@hartrescue.org.uk

HELP FOR HEROES 2010

6 Peaks Challenge

The 6 Peak Challenge, is a 3 day continuous abseil from 17th-19th of September at Finnieston Crane, Glasgow. By the end of this event all teams that are participating will have collectively abseiled the height of Mt Everest (8848); Mt Ojos del Salado (7084m); Mt McKinley (6194); Mt Kilimanjaro (5895m); Mt Elbrus (5642m); and Mt Cook (3764m) totalling 37,427m.



The 6 Peaks Challenge in aid of Help for Heroes will take place at Finnieston Crane which is located at the heart of Glasgow's docks, the Finnieston Crane is a cantilever crane built in 1932. It stands 59m (195 feet) high and has a hammerhead jib of 46m (152 feet). Although known as the Finnieston Crane it actually stands on Stobcross Quay.

This event is an endurance abseil to raise as much money as possible for the Heroes who require our support. In order to make this challenge appealing and demanding 6 of the 7 highest peaks will be abseiled.



Mount Everest is the highest mountain on Earth above sea level, and the highest point on the Earth's continental crust, as measured by the height above sea level of its summit, 8,848 m.

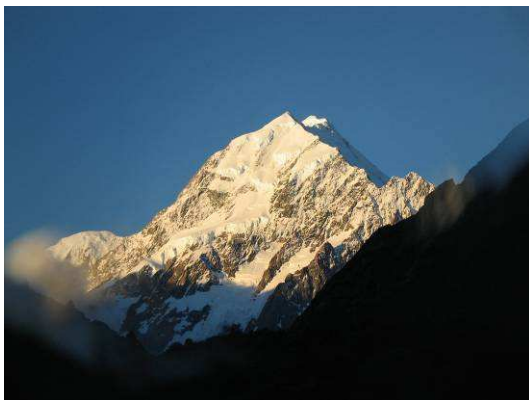
Ojos del Salado, at 7084m, is the second highest peak in the world outside of Asia. It is a giant among giants, located in the Chilean Altiplano, comparable only with Tibet.





Mount McKinley "The Great One" in Alaska is the highest mountain peak in North America, with a summit elevation of approximately 6,194 m.

Mount Kilimanjaro, the highest mountain in Africa at 5,895 m. Mount Kilimanjaro is among the tallest freestanding mountains in the world, rising 4600 m from the base.



Mount Cook is a captivating, yet harsh land of snow, ice and rock. There are 19 peaks over 3,000 m including New Zealand's tallest mountain Aoraki (Mount Cook at 3,754 m).

Mount Elbrus is an inactive volcano located in the western Caucasus mountain range, in Kabardino-Balkaria and Karachay-Cherkessia, Russia, near the border of Georgia. Mt. Elbrus's highest peak is the highest mountain in the Caucasus, in Russia. Many sources agree that Elbrus is also the highest mountain in all of Europe. Mt. Elbrus (west summit) stands at 5,642 m.





The charity **HELP for HEROES** was launched in October 2007 in response to the desire of ordinary people to do something practical to help our wounded servicemen and women. As individuals we are powerless to prevent war and we feel helpless that we are unable to stop our men and women from being killed and wounded. By joining together as **HELP for HEROES**, we are doing something practical to help.

HELP for HEROES is very simple; we are strictly non political, we recognise that wars happen under any government, and we are non critical, preferring to get on with the job rather than talking about rights and wrongs.



Our Service personnel give more, risk more and sacrifice more, so we believe that they should be given more; we believe they deserve the very best. They say they are not Heroes, that they are just blokes doing their job; we say that anyone who volunteers to join the Armed Forces and serve in time of war is a hero and we want to help our heroes.

HELP for HEROES needs to raise a great deal of money and as that money comes in, we will spend it, on improving facilities like the pool complex or the relatives house at Selly Oak and by giving grants to the right organisations to ensure that our wounded get the very best.

This is needed, it is urgent and it is making a very real difference to our Armed Forces. Thank you for your support; we need your help and we need it now.

Thank you
Bryn Parry
Appeal Chairman

