

# HELP FOR HEROES

## 3 day endurance abseil



**RECORD  
ATTEMPT**

**17th to 19th September 2010  
Finnieston Crane - Glasgow**

**T** HIS record-breaking attempt is to raise £1 million pounds for *Help for Heroes*.

At the end of the event, the teams taking part will have completed the equivalent of *climbing six of the world's highest peaks* — Mt Kilimanjaro 5895m; Mt Cook 3764m; Mt Elbrus 5642m; Mt Everest 8848m; Mt McKinley 6194m; Mt Ojos del Salado 7084m — a *whopping total of 37,427metres!*

Please show you care and make a donation today.

[www.hartrescue.org.uk](http://www.hartrescue.org.uk)

Support **YOUR** team: **British Army; Fire & Rescue, Ambulance Service; Royal Air Force; HM Coastguard**



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IN SUPPORT OF  
**HELP for  
HEROES**

[www.helpforheroes.org.uk](http://www.helpforheroes.org.uk)

For further information and donations - visit [www.hartrescue.org.uk](http://www.hartrescue.org.uk)